

## Fabric + thread:

Try to pick two or three fabrics that could work together. Fabrics should have minimal stretch, avoid directional prints like plaids or stripes unless you are confident in your skills, and don't get fabrics like silk or velvet, or anything furry.

- 1 yard of a light cotton canvas - minimum 44" wide for **beach tote project**
- 1 yard of a cotton poplin or cotton quilting fabric for **bucket hat project**
- 2 x spools of sewing machine thread to match your fabrics - preferably polyester. Metler or Gutermann threads are ideal. 2 of the spools should match the fabric for the bucket hat. **Please do not bring machine embroidery thread, hand sewing thread, thread on wooden spools, or basting thread.**

We will have fabric scissors, pins, chalk, paper, and soft measuring tapes as well as the sewing machines for your child's use while in the class.

## Safety

1. Young **sewists with long hair must wear their hair up**, as long hair can get caught in the machines.
2. Your sewist should be **well rested and conscious of the inherent dangers to avoid injury:**
  - a. We will be using sharp shears and pins.
  - b. There will be hot irons with steam on, and although your sewist will be using them supervised, care must be taken to avoid injury.
  - c. Sewing machines are mechanical and have sharp needles and moving parts, so long hair must be worn up, and care must be taken when running the machines.
  - d. Please remind your energetic child to shake the sillies out before they arrive.

## Sewing Projects:

We will aim to complete 2 projects. We will adapt our projects to the skill level of our sewists, and incorporate skills drills throughout to reinforce practical sewing skills and keep the classes fun.

### Project #1 - Beach tote

A fun bag for bringing your beach essentials with you. More experienced sewists can incorporate pockets and adjustable straps.

Level: New sewists

### Project #2 - Bucket hat

Some skills that will be explored include: taking their own measurements, drafting simple patterns, precision sewing on a curve. Other skills that can be explored time permitting include: a hidden pocket, sewing a channel for straps, and making fine straps.

Level: New sewists

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## Sewing Skills

**We will cover a variety of machine sewing skills as we go about making our projects. Depending on the comfort level of your young sewist, skills we will cover can include:**

### Winding a bobbin and threading the sewing machine

We will cover the basics of winding a bobbin and threading the sewing machine, which your child will learn to do for themselves, along with basic troubleshooting.

### Pressing + seam management

Using an iron to press your fabric is a foundational skill in sewing. We learn about pressing our fabric and managing our seam allowances, and how it impacts the outcomes of our projects.

### Measuring and cutting fabric

We will learn how to use basic measurements and chalk to create self drafted patterns with a seam allowance. We will learn how to true fabric (make it square on the grain), and how to manage cutting.

### Making straps

We will learn how to make flat straps and turn them.